



la nutrition est essentielle à la santé et au développement une meilleure nutrition est associée à une amélioration de la santé du nourrisson de la mère et de l'enfant au renforcement du système

18 jul 2025 consuming a healthy diet throughout the life course helps to prevent malnutrition in all its forms as well as a range of ncds and conditions the exact make up of a diversified balanced and

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3 feb 2026 nutrition is a critical part of health and development better nutrition is related to improved infant child and maternal health stronger immune systems safer pregnancy and childbirth lower

18 nov 2025 good food and nutrition is important to good health and wellbeing and reduces the risk of disease healthy eating means choosing the right foods and knowing how much to have find out

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