

# Casebook Of Interpersonal Psychotherapy

Handbook of Interpersonal Psychotherapy  
Interpersonal Psychotherapy of Depression  
The Guide to Interpersonal Psychotherapy  
Clinician's Quick Guide to Interpersonal Psychotherapy  
Casebook of Interpersonal Psychotherapy  
Interpersonal Psychotherapy for Depressed Adolescents  
Interpersonal Psychotherapy  
Interpersonal Psychotherapy 2E  
A Clinician's Guide  
Interpersonal Psychotherapy  
Interpersonal Psychotherapy  
Comprehensive Guide To Interpersonal Psychotherapy  
Interpersonal Psychotherapy 2E  
A Clinician's Guide  
Interpersonal Psychotherapy - A Clinician's Guide  
The Guide to Interpersonal Psychotherapy  
Contemporary Interpersonal Theory and Research  
New Applications of Interpersonal Psychotherapy  
Interpersonal Psychotherapy for Adolescents  
Interpersonal Psychotherapy For Group  
Interpersonal Psychotherapy for Dysthymic Disorder  
Handbook of Interpersonal Psychology  
Jack Charles Anchin  
Gerald L. Klerman  
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reflecting the new and exciting trends in psychotherapy as well as responsive to the current emphasis on efficient substantial therapeutic results this book presents a model of interpersonal short term psychotherapy for clinically depressed patients gerald l klerman whose research on depression has made him world renowned and myrna m weissman who has written with eugene paykel an important book on women and depression have worked with their colleagues to present the empirical basis for their new treatment method this theory builds on the heritage of harry stack sullivan and john bowlby and their focus on interpersonal issues and attachment on depression research shows that four categories of interpersonal difficulties predominate grief interpersonal disputes role transitions and interpersonal deficits in this approach the therapist focuses on the patient s primary problems and evaluates the need for medication in addition to interpersonal therapy acknowledging that these four areas are never mutually exclusive the authors present a clear treatment strategy for each augmenting their presentation with a discussion of common obstacles that arise during treatment as an overview the book compares interpersonal psychotherapy with other psychotherapies for depression summaries of research documenting the efficacy of interpersonal psychotherapy are given the authors outline the theoretical basis for an interpersonal approach and apply it to depression the following sections detail how to conduct interpersonal psychotherapy supplying case vignettes to illustrate particular problems finally the authors explore combining interpersonal psychotherapy with pharmacotherapy

new to this edition updated with new research and clinical controversies in ipt defines the elements that are unique to ipt and that are needed to make adaptations authentically ipt significantly expanded including more discussion on international use and collaboration with the world health organization reorganized to follow dsm 5 diagnoses book jacket

the clinician s quick guide to interpersonal psychotherapy is a practical guide for busy clinicians who want to learn interpersonal psychotherapy ipt initially developed as a treatment for major depression ipt has proven highly effective as a therapy for a number of other disorders ipt can be combined with medication and it is a safe alternative to medication for those individuals who may not be able to take antidepressants ipt has been shown not only to relieve symptoms but to build social skills as well learn how to use ipt to effectively treat depression as well as other disorders including bipolar disorder anxiety disorders eating disorders and borderline personality disorder written by the originators of the treatment this practical book describes how to approach clinical encounters with patients how to focus ipt

treatment and ways to handle therapeutic difficulties the book updates research findings on ipt and addresses its adaptation to different cultures complete with clinical examples and sample therapist scripts throughout this guide foregoes the theoretical and empirical background of ipt and focuses on teaching you the best way to deliver this effective time limited diagnostically focused and immensely practical treatment

bringing together experts who have treated patients with and conducted clinical research on ipt the casebook of interpersonal psychotherapy responds to the growing need for a foundational text to supplement the available manuals on ipt

grounded in extensive research and clinical experience this manual provides a complete guide to interpersonal psychotherapy for depressed adolescents ipt a ipt a is an evidence based brief intervention designed to meet the specific developmental needs of teenagers clinicians learn how to educate adolescents and their families about depression work with associated relationship difficulties and help clients manage their symptoms while developing more effective communication and interpersonal problem solving skills the book includes illustrative clinical vignettes an extended case example and information on the model s conceptual and empirical underpinnings helpful session checklists and sample assessment tools are featured in the appendices

i nterpersonal psychotherapy provides an introduction to the theory history research and practice of this effective empirically validated approach gerald l klerman and myrna m weissman initially created interpersonal psychotherapy ipt as a brief approach for treating depression but it has since been adapted for use with a wide variety of client presenting problems and in longer term situations this approach focuses on the interaction between interpersonal dysfunction and psychological symptoms ipt is founded on the idea that humans are social beings thus client personal relationships lie at the center of presenting problems and psychological states although grounded in a medical model which is used to conceptualize the client s presenting problem the primary basis for this approach lies in an interpersonal modification of psychodynamic psychotherapy therapy is present focused but aspects of attachment theory are used to analyze how past relationships affect current relationships therapists applying ipt take an active stance continually and supportively guiding the sessions to maintain focus on one of four interpersonal problem areas unresolved grief role transitions role disputes or interpersonal deficits in this book frank and levenson present and explore this versatile and useful approach its theory history therapy process primary change mechanisms the empirical basis for its effectiveness and contemporary developments that have refined the theory and expanded how it may be practiced this essential primer amply illustrated with case examples featuring diverse clients is perfect for graduate students studying theories of therapy and counseling as well as for seasoned practitioners interested in understanding how this approach has evolved and how it might be used in their practice

this book provides a very useful and thought provoking account of a developing form of interpersonal psychotherapy and gives a clear guide for practising clinicians

psychological medicine first published in 2003 this groundbreaking text firmly established itself as a touchstone for all therapists using interpersonal psychotherapy ipt key features and benefits a wealth of clinically based descriptions and vignettes help bring the theory to life numerous case studies highlight the key issues in ipt reproducible diagrams and flowcharts for use by therapists and their patients comprehensive coverage of key theoretical issues and an up to date critical appraisal of ipt research new for the second edition extended coverage of the clinical adaptation of ipt to post traumatic mental health and other new applications of ipt more on depression and common problems encountered in ipt coverage of training and dissemination how to manage joint sessions and integrate techniques from other approaches and models interpersonal psychotherapy a clinician s guide is the international standard for the clinical trainee seeking an introduction to ipt as well as for instructors of psychiatry residents psychology interns and graduate students as well as social work students it is an accessible reference for other mental health providers and primary care practitioners

this book shows how interpersonal psychotherapy has been taught implemented and adapted for different populations and settings across the world providing practical guidance and experience experts from 31 different countries from africa asia europe middle east north america south america and oceania describe challenges and facilitators of implementing ipt in their settings share templates of training and adaptation and provide practical case examples

since its introduction as a brief empirically validated treatment for depression interpersonal psychotherapy has broadened its scope and repertoire to include disorders of behavior and personality as well as disorders of mood practitioners in today s managed care climate will welcome this encyclopedic reference consolidating the 1984 manual revised with new applications and research results plus studies in process and in promise and an international resource exchange

this book provides a very useful and thought provoking account of a developing form of interpersonal psychotherapy and gives a clear guide for practising clinicians psychological medicinefirst published in 2003 this groundbreaking text firmly established itself as a touchstone for all therapists using interpersonal psychotherapy ipt key featu

interpersonal psychotherapy ipt is a treatment that helps to reduce psychological symptoms by intervening in relationship difficulties this book highlights common clinical issues and covers an extensive range of interpersonal problems and psychopathology for which ipt is applicable it draws on theoretical and research aspects in order to inform the therapist s clinical choices in conducting ipt and other focal and structured psychotherapies in general interpersonal psychotherapy a clinician s guide provides a comprehensive manual for experienced therapists and those undergoing specific ipt training undergraduate and graduate psychologists beginning studies in this field will also find this a user friendly guide to ipt

the guide to interpersonal psychotherapy is the definitive practical guide to interpersonal psychotherapy ipt for clinicians and researchers ipt is a well researched

time limited and diagnosis focused therapy an update and expansion of the original 1984 2000 and 2007 ipt manuals this guide illustrates not only individual ipt treatment for patients with major depression but adaptations of ipt for different diagnoses patient populations and treatment formats

in the first part of the book the focus is on general principles of personality and maladjustment as viewed from the interpersonal perspective dr kiesler introduces the interpersonal circle one of the central conceptual underpinnings of interpersonal theory and practice

all the sections are well written and clear about the use of the techniques of interpersonal psychotherapy there is a richness of thought and discussion here that adds to one s understanding of the role of this particular kind of psychotherapy the new england journal of medicine

interpersonal psychotherapy for adolescents ipt a is a comprehensive guide for clinicians it will enable readers to add ipt a to their clinical repertoire or to deepen their existing practice of ipt a using a time limited evidence based intervention that is engaging for young people the guide outlines the structure skills and techniques of ipt a utilising real life encounters in the therapy room that reflect the diverse nature of adolescents and young adults who present for therapy it provides the reader with a bird s eye view of how ipt a works it expands the range of ipt a clinical tools techniques and models to assist the reader to work effectively with a wide range of clients the book provides a new protocol for the psychological assessment of young people acknowledging the importance of culture and spirituality alongside the biological psychological and social dimensions that have previously comprised assessment the importance of the clinician forming a transitory attachment relationship with the client is emphasised throughout the target audience for this book is mental health clinicians including psychologists psychiatrists social workers mental health nurses occupational therapists general practitioners with a mental health focus and students from these professions

this is the first ever application to group therapy of the popular replicable time limited evidence based approach initially developed to treat individual depression denise wilfley adapted it in the course of researching the management of eating disorders her collaborators include a national authority on group work plus an originator of interpersonal psychotherapy their step by step identification of the goals tasks and techniques attendant on running normalizing cost effective groups makes a real contribution to the clinical repertoire

interpersonal psychotherapy for dysthymic disorder is the first manual to examine the use of psychotherapy for dysthymic disorder or chronic depression this useful innovative guide describes how to adapt interpersonal psychotherapy ipt a proven time limited therapy that has benefited patients who have other mood disorders and psychiatric syndromes to treat dysthymic disorder after discussing the characteristics of dysthymic disorder the basic principles of ipt and the available treatment data this volume offers clear coherent treatment strategies for working with this potentially difficult yet treatable disorder a useful adjunct to training and supervision by certified

clinicians this book contains numerous case examples that vividly illustrate how to use this treatment approach this text also includes an appendix with patient education materials the ipt problem area rating scale ipars and the ipt outcome scale by using this text therapists can improve their patients life functioning and provide a more comprehensive and effective treatment

modern interpersonal psychology is now at a point where recent advances need to be organized so that researchers practitioners and students can understand what is new different and state of the art this field defining volume examines the history of interpersonal psychology and explores influential theories of normal abnormal behaviors widely used assessment measures recent methodological advances and current interpersonal strategies for changing problematic behaviors featuring original contributions from field luminaries including aaron pincus john clarkin david buss louis castonguay and theodore millon this cutting edge volume will appeal to academicians professionals and students interested in the study of normal and abnormal interpersonal behavior

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