

# The Art Of Emotional Healing Over 60 Simple Exercises For Exploring Emotions Through Drawing Painting Dancing Writing Sculpting And More

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exploring definition 1 present participle of explore 2 to search a place and discover things about it 3 to think learn more

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the meaning of explore is to investigate study or analyze look into sometimes used with indirect questions how to use explore in a sentence

exploring definition to examine or investigate esp systematically meaning pronunciation translations and examples

1 to investigate systematically examine explore every possibility 2 to search into or travel in for the purpose of discovery exploring outer space 3 medicine to examine a body cavity or interior part

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